

# IMPORTANT DATES & CAD STAT - 2023 AT A GLANCE

WHOLE *Hearted*

## Q1 JANUARY - MARCH

Jan 1 New Year's Day  
Jan 17 Martin Luther King Day (US)  
Jan 16 Blue Monday  
Jan 24 Intl Day of Education  
Jan 26 Bell Let's Talk

Feb Black History Month  
Feb 2 Ground Hog Day  
Feb 4 World Cancer Day  
Feb 14 Valentine's Day  
Feb 20 World Day of Social Justice  
Feb 20 Family Day  
Feb 24 Pink Shirt Day

Mar 4 Employee Appreciation Day  
Mar 8 Intl Women's Day  
Mar 17 St Patrick's Day  
Mar 19 World Sleep Day  
Mar 20 Intl Day of Happiness  
Mar 20 First Day of Spring

## Q2 APRIL - JUNE

Apr 7 World Health Day  
Apr 7 Good Friday  
Apr 9 Easter Sunday  
Apr 11 National Pet Day  
Apr 13 Intl Day of Pink

May 14 Mother's Day  
May 22 Victoria Day

Jun Pride Month  
Jun 5 World Environment Day  
Jun 18 Father's Day  
Jun 21 National Aboriginal Day  
Jun 21 First Day of Summer

## Q3 JULY - SEPTEMBER

Jul 1 Canada Day  
Jul 4 4th of July (US)  
Jul 24 Intl Self-Care Day  
Jul 17 National Ice Cream Day

Aug 7 Civic Holiday (Canada)  
Aug 12 World Humanitarian Day

Sep 4 Labor Day  
Sep 22 First Day of Autumn  
Sep 30 National Day for Truth and Reconciliation

## Q4 OCTOBER - DECEMBER

Oct 1 National Coffee Day  
Oct 10 World Mental Health Day  
Oct 10 Indigenous Peoples' Day  
Oct 9 Canadian Thanksgiving  
Oct 31 Halloween

Men's Health Awareness Month (Movember)  
Nov 6 Daylight Savings Time  
Nov 11 Remembrance Day  
Nov 13 World Kindness Day  
Nov 23 US Thanksgiving  
Nov 25 Small Business Saturday  
Nov 27 Cyber Monday  
Nov 28 Giving Tuesday  
Dec 7 First Day of Hannukah  
Dec 15 Last Day of Hanukkah  
Dec 21 First Day of Winter  
Dec 24 Christmas Eve  
Dec 25 Christmas Day  
Dec 26 Boxing Day  
Dec 31 New Year's Eve

## NOTES

Happy Holidays!  
From November 1 - January 15th there are approximately 29 holidays observed by 7 of the world's major religions

[Full list of fun/themed national days](#)

[Full list of religious days and celebrations](#)

# 2023 AT A GLANCE - RELIGIOUS HOLIDAYS + KEY DATES

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## Q1 JANUARY - MARCH

Jan 22 Lunar New Year  
Jan 26 Vasant Panchami

Feb 5 Tu Bishvat  
Feb 14 St Valentine's Day  
Feb 15 Parinirvana Day  
Feb 17 Lailat al Miraj  
Feb 18 Maha Shivaratri  
Feb 22 Ash Wednesday (Start of Lent)

Mar 6 Magha Puja Day  
Mar 6 Purim  
Mar 7 Holika Dahan  
Mar 18 Lailat al Bara'ah  
Mar 22 Ramadan Begins

## Q2 APRIL - JUNE

Apr 6 Theravada New Year  
Apr 6 End of Lent  
Apr 7 Good Friday  
Apr 9 Easter Sunday  
Apr 20 Ramadan Ends  
Apr 17 Yom Hashoah  
Apr 18 Yom Hashoah  
Apr 18 Laylat al Qadr  
Apr 24 Yom HaZikaron  
Apr 25 Yom HaAtzma'ut

May 5 Vesak - Buddha Day  
May 18 Yom Yerushalayim  
May 19 Yom Yerushalayim  
May 25 Shavuot Starts  
May 27 Shavuot Ends

Jun 27 Waqf al Arafa - Hajj  
Jun 28 Eid-al-Adha

## Q3 JULY - SEPTEMBER

Jul 3 Asala - Dharma Day  
Jul 5 The 17th of Tammuz  
Jul 18 Hijra - Islamic New Year  
Jul 26 Tish'a B'Av  
Jul 28 Day of Ashura / Muharram

Aug 13-15 Obon

Sep 15 Rosh Hashanah Starts  
Sep 17 Rosh Hashanah Ends  
Sep 18 Fast of Gedaliah  
Sep 24 Yom Kippur  
Sep 26 Milad un Nabi  
Sep 29 Sukkot Starts

## Q4 OCTOBER - DECEMBER

Oct 6 Sukkot Ends  
Oct 5 Hoshanah Rabbah  
Oct 6 Shemini Atzeret  
Oct 6 Shemini Atzeret  
Oct 7 Simchat Torah

Dec 7 First Day of Hannukah  
Dec 8 Bodhi Day  
Dec 15 Last Day of Hanukkah  
Dec 24 Christmas Eve  
Dec 25 Christmas Day  
Dec 26 Last day of Hanukkah  
Dec 26 Boxing Day  
Dec 31 New Year's Eve

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